



5190 3RD STREET  
SAN FRANCISCO, CA  
94124



## feeling stressed out?

need to find a place and time to relax?

every Friday afternoon  
june 25-august 6  
3PM-4PM

# YOGA for your PEACE OF MIND

AGES 12-24

for more information  
contact andrea granda  
(415) 822-1707

\*no experience necessary